Design and Technology Knowledge Map

Developing a Recipe

How can we improve a bolognese recipe to make it healthier and tastier?

The skills I need:

- Understanding the process from farm to fork
- Understanding how to prepare ingredients
- Following food hygiene rules
- Using tools safely









Allergen	A substance that triggers an allergic reaction in the body.
Beef	Meat from a cow.
Cross-contamination	When an allergen spreads from one food to another.
Enhance	To improve something.
Hygiene	Keeping things clean to prevent illness.
Measure	To take the correct quantity of something.
Nutritional value	The nutrients a food or recipe provides.
Preference	Liking one thing more than another.