Key Stage 2
Pol-Ed Lessons

Pol-Ed

	Relationships	Keeping Safe	Understanding the Law	Wellbeing
Year 3	How should we treat people? What can I do when friendships go wrong? What do we mean by consent in friendships? What is bullying? Who are my key people?	How can I share my worries? What are emergency services? What are emergency situations? What do we mean by risk? When should I break a secret?	How can I be a responsible citizen? How do we enforce the law? What are children's rights? What is the law and why do we have it?	What is mental health? What am I good at? How can intense feelings feel? What words can I use to talk about my feelings? How can vaccinations support our health? How does school help me?
Year 4	How can we be role models? What is a healthy friendship? What is discrimination? What is diversity? What is peer influence? Who makes up my community?	How can I keep safe in my local area? How can we keep safe on the road? What are hazards in the home? What is first aid? Who do I encounter?	How can I respect my environment? What are protected characteristics? What can I be? What is hate crime?	How do my choices help me to be healthy? What are healthy habits? Why is food fuel? How can I be a hygiene hero? How does school build my character? What is my body trying to tell me?
Year 5	How can my adult relationships affect my future? How do words have power? What are my personal boundaries? What are online friendships? What is grooming? What is media influence? What is peer pressure?	How can we keep our things safe? How can we use our phones sensibly? What are deep fakes? What are the risks with money? What do I know about drugs? Why are our special people important? What is media literacy?	How do rules help our community? What can and can't I do on the internet? What is gambling?	What is my personal identity? How might puberty impact the way I feel? How might being online impact the way I feel? How might my activity levels impact the way I feel? How might school impact the way I feel? How can drugs and alcohol make people feel?
Year 6	How can I get ready for secondary relationships? How can we be allies against racism? How can we challenge sexism? How can we respect different relationships? What is a debate? What is my relationship with authority?	How is my data shared? What is spiking? What is the issue with addiction? (Vaping/ smoking)? Why does media have age restrictions? Bonfire Night Lesson Halloween Lesson	What different types of crime are there? What does the law say about legal drugs? What does the law say about marriage? What is a weapon? What is antisocial behaviour? What is shop theft?	What does adulthood look like? How can I re-frame my thinking? How can I seek support for my mental health? How can I manage moving to high school positively? What is grief?
KS2 Passport	What is empathy? What is fact finding?	What is future planning? What is informed decision-making?	What is resilience? What is respect?	What is self-worth? What is risk?