Head of School Newsletter
February 2025

Half-termly update - Spring 1

We have had a very busy start to the term! After a successful grant application to the Virtual School we have been able to add a more diverse selection of books to our library, opening doors to pupil's thinking about different careers and focussing upon encouraging reading for pleasure - we will be continuing to develop reading for pleasure with funding from The Friends. Thank you to everyone who was able to attend the Y6 SATs meeting and the Y4 Multiplication Check meeting - if you were unable to attend please have a look at the presentations shared via email. Our Y6 residential for current Y5 has been rearranged due to the company going into administration - we have shared the date with high schools to avoid any Y7 open evening dates. Mrs Whiles has been working with the Ogden Trust and has been awarded some fantastic electricity and forces resources to support our science curriculum. Enjoy the half term break and let's hope the weather starts to warm up!



Spring 1
Enhanced Curriculum Highlights in the spotlight!

Y4 are having swimming lessons
Karate taster sessions for all year groups
House assemblies to prepare for the inter-house talent show
Cross Country competitions at Taverham and Horsford
Y6 Active 8 Life Coaching sessions
Children's Mental Health Assembly
School Council meeting
Y3 and Y4 Water Lesson led by Anglian Water
Y5 Cyberbullying lesson lead by the Police
Safer Internet Day
Clubs: Football, Cross Country

Reminder

Please park considerately to keep our children safe.
All children should have their own, named, water bottle.
Please name all your child's items!
Our schools are nut-free zones. Please do not include any items containing nuts in packed lunches.
Special diets can be catered for by the kitchen.
Break time snacks should be healthy snacks!

Attendance Matters!



Our whole school attendance is 95.92%
Congratulations to Poppy class for an impressive 97.26%
Our target is 96% or more!
https://www.woodlandview.norfolk.sch.uk/our-school/attendance/

Ways to support a child or young person

Be there to listen
Regularly ask your child how they're doing, to help them get used to talking about their feelings, and know there's always someone there to listen. You can get tips on Young Minds: How to talk to your child about mental health.

Support them through difficulties
Pay attention to how your child is feeling or behaving and try to help them work through difficulties. It may not be easy facing challenging behaviour, but try to help them understand what they're feeling and why. Learn more from the Maudsley Charity on difficult behaviour.

Stay involved in their life
Show interest in their life and what's important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.

Encourage their interests
Support and encourage your child to explore their interests. Being active or creative, learning new things and being a part of a team helps connect us and boost our mental wellbeing.

Take what they say seriously
Listening to and valuing what they say makes them feel valued. Consider how to help them work through their emotions in constructive ways. Anna Freud Centre's guide on ways to support children and young people has more on this.

Build positive routines
Try to have structure around regular routines, especially around healthy eating and exercise. A good night's sleep is also important, so have a fixed time for going to bed and getting up. The Sleep Charity has relaxation sleep tips for children.

Mental Health Week

The tips from the left are from http://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health

The Just One Norfolk site also has a wide range of resources to support emotional health https://www.justonenorfolk.nhs.uk/emotional-health/children-young-people-s-emotional-health/

Community Adventure Respect Excellence

House Points

House points are awarded for many reasons and they are always linked to our school values. As the year is progressing the amount of house points that have been awarded is amazing!

Please do not drop off or park on the yellow zigzag lines outside of school.

Long hair should be tied back and stud earrings must be taped for PE lessons.

LONGE	CHITTOCK	FRERE	HOWES
4610	4384	3701	4042

Thank you to Mr White and to Miss O'Connor for working closely with Future Action, The Virtual School and Stormbreak to support the mental wellbeing of children transitioning from primary school to secondary school and from one year group to another. Our involvement in the programme has been incredibly successful - you can read the full impact report here!

Key Dates

Swimming continues on a Friday for Year 4
26th Feb - Interhouse talent competition
Week beginning 3rd March - Play in a Day
6-10th March - Scholastic Book Fair
6th March - World Book Day
7th March - Cross Country at Old Catton
19th March - Y5/6 Gressenhall trip
21st March - Red Nose Day
24th March - Learning Circles Week 4
28th March - Silent Disco
4th April - Last day of term
Happy Easter!
23rd April - Summer term begins

Friends of Spixworth Schools



We are so lucky to be wonderfully supported by the Friends of Spixworth Schools and we hope you enjoy their half term challenge! If you have capacity to join the group please email: spixworthfriends@gmail.com